

ABSTRACT

Footwear (e.g., shoes, sandals, boots, etc.) is constructed with small beads stuffed into the footbed, so that the beads can shift about due to pressure on the footbed by the user's foot during normal use. Preferably, the beads are made of expanded polystyrene, and have an average diameter between about two thirds and about one mm. The resulting footwear is very comfortable. In some sandal embodiments, the straps are also stuffed with the same type of beads